



We have just one goal.  
To foster the social and emotional  
well-being of children and youth.



We believe every child should grow  
up happy, healthy, and with hope.



Youth Services is the place to turn to for mental  
health services for children and adolescents in  
Chicago's northern suburbs.



Every child is unique, and so is the approach we take in  
treating our clients. Our services fall on a spectrum ranging  
from early intervention to crisis response and are provided  
in a safe and therapeutic environment. By working with  
insurance companies and offering a sliding fee scale, care  
is provided to families of all means.

Youth Services is a recognized 501 (c)(3) non-profit organization reliant on generous donations and volunteer support. Our beautiful facility, excellent care, and critical services change lives thanks to committed donors and friends—like you.

[ysgn.org](http://ysgn.org)

**DID YOU  
KNOW ?**



53% of children ages 3-17 have one or more emotional, behavioral, or developmental condition.



**You Can Make A Difference!  
Donate, Volunteer, Get Involved!**

**Contact us to learn more!**



## WHAT WE DO

### Individual and Group Counseling

Licensed therapists provide counseling to children struggling with depression, anxiety, bullying, familial stressors, grief and loss, and suicidal ideation. Through the therapeutic relationship, children establish and achieve goals, develop effective coping skills, and build an emotional vocabulary to identify and deal with their presenting concerns.

### Adventures

This program is for children ages 5-18 who are working on improving their social skills and ability to engage positively in social settings. Our activity-based approach allows our clients to practice skills such as social problem-solving and communication skills in real-life scenarios in the community.

### Crisis Intervention

In partnership with north suburban high schools, Youth Services is here on call to intervene with kids who are in crisis and/or displaying suicidal ideation. Response to any crisis affecting children, including abuse, runaways, accidental deaths, suicides, and other crises is provided in collaboration with schools, police, and other local agencies.

### Study Buddies

Children in grades 1-8 can come to Youth Services twice a week during the school year for homework support and academic mentoring with adult and high school aged volunteers from the community.

### Outreach Programs

Our after school and summer programs are offered for children living in Sunset Village, Michael Todd Terrace, Greenwood Apartments, and Salem Walk Apartments. These groups aim to promote positive youth development.

### Youth Make A Difference Mentor Program

Adult volunteers are paired with junior high and high school aged students with the goal of mentorship in various facets of life. With a focus on overall well-being, creating future goals, healthy peer relationships, and the opportunity for new experiences. Our mentors foster a safe and supportive environment to help these students succeed.

### Pride Youth

LGBTQ+ youth ages 4-24 have a variety of opportunities to connect, receive support, and practice leadership skills. Peer support groups, social and service events, and leadership programming is available throughout the year.

### Sexual Health Education

Comprehensive, and shame-free sexuality education for youth is provided through classroom workshops for youth and adults, individual and small group education, and youth leadership programming. With a focus on sexual health, healthy relationships, and how to communicate with children about these topics, these comprehensive programs are led by trained staff and volunteers.