

We have just one goal.

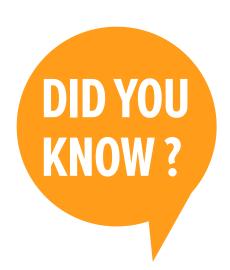
To foster the social and emotional well-being of children and youth.





Youth Services is the place to turn to for mental health services for children and adolescents in Chicago's northern suburbs.

Every child is unique, and so is the approach we take in treating our clients. Our services fall on a spectrum ranging from early intervention to crisis response and are provided in a safe and therapeutic environment. By working with insurance companies and offering a sliding fee scale, care is provided to families of all means.





53% of children ages 3-17 have one or more emotional, behavioral, or developmental condition.



You Can Make A Difference!
Donate, Volunteer, Get Involved!

Contact us to learn more!



### Individual and Group Counseling

Licensed therapists provide counseling to children struggling with depression, anxiety, bullying, familial stressors, grief and loss, and suicidal ideation. Through the therapeutic relationship, children establish and achieve goals, develop effective coping skills, and build an emotional vocabulary to identify and deal with their presenting concerns.

#### **Adventures**

This program is for children ages 5-18 who are working on improving their social skills and ability to engage positively in social settings. Our activity-based approach allows our clients to practice skills such as social problem-solving and communication skills in real-life scenarios in the community.

### **Crisis Intervention**

Youth Services partners with local schools, police departments, and agencies to provide crisis support for specific community crises. These include clinical risk assessments for students at local high schools who display risk factors for suicide as well as brief counseling support following crises such as suicide and accidental death among community members.

# **Study Buddies**

Children in grades 1-8 can come to Youth Services twice a week during the school year for homework support and academic mentoring with adult and high school aged volunteers from the community.

### **Youth Development Programs**

Youth Services offers after school and summer programming to specific home and school communities in the Glenview/Northbrook areas. These groups aim to support young peoples' individual development of confidence and character as well as group members' connectedness to one another through play, art, and teamwork activities.

## Youth Make A Difference Mentor Program

Adult volunteers are paired with junior high and high school aged students with the goal of mentorship in various facets of life. With a focus on overall well-being, creating future goals, healthy peer relationships, and the opportunity for new experiences. Our mentors foster a safe and supportive environment to help these students succeed.

#### **Pride Youth**

LGBTQ+ youth ages 4-24 have a variety of opportunities to connect, receive support, and practice leadership skills. Peer support groups, social and service events, and leadership programming is available throughout the year.

#### **Share Outreach Program**

Education and consultation focused on healthy relationships, equity and inclusion, and mental health is provided to students, parents, and professionals in schools and community organizations. Our interactive workshops focus on developing both knowledge as well as practical skills that youth and adults can use in their daily lives.