Upcoming Groups



Junior High Process Group

A group for 6th-8th grade girls who may benefit from a space to discuss every day challenges and connect with peers in order to build a sense of belonging and support. The licensed therapist will engage members in activities designed to facilitate connection, as well as provide members with coping tools and self-care strategies to navigate their internal and external stressors in healthy ways. In-person at Youth Services on Tuesdays from 5:30-7:00PM. Click here to visit our site.



High School Process Group

High School Process Group is offered to high school girls who are looking for a safe and supportive space to navigate the everyday challenges in their lives. The group provides participants the opportunity for creative self-exploration and insight into new strategies to cope with stressors. Group meets in-person at Youth Services on Tuesdays from 4:00-5:30 p.m. Click here to visit our site.



High School Social Skills

This group provides an opportunity for high school students who are looking to socialize and process in a safe space, develop strong interpersonal skills, and build peer relationships. In-person at Youth Services on Thursdays from 6:30-8:00PM. Click here to visit our site.



prideSUPPORT Groups

Weekly support groups for LGBTQ+ youth offer opportunities for participants to build community, discuss challenges, and feel supported by others. Click here to check out our fall schedule, which starts on September 11th.



Primary Colors Monthly Meet Up

LGBTQ+ youth grades K-4 and their families are invited to join us for a Primary Colors meetup! Build community and make new friends with other LGBTQ+ youth and families! Group will be starting with snack time at 6:00PM, with youth activities from 6:15-7:30PM. Click here to RSVP for our October 6th meeting.

For more information about the above groups or programs, or to schedule an intake, please email Nelida.Figueroa@ysgn.org or call 847-724-2620.

Upcoming Events

Support our work! Youth Services is a non-profit organization and relies on donors and community support. Consider supporting us by attending one of these great events.



Annual Golf Outing on Monday, September 18, 2023



Girlfriends Boutique & Bites on Thursday, October 26, 2023





